

Brethren Woods' COVID-19 Guidelines for Overnight Camps

These guidelines are written in accordance with Virginia guidelines for overnight summer camps, as well as advice from the American Camp Association "Field Guide for Camps on Implementation of CDC Guidance." They are designed to reduce, but may not eliminate, the risk of exposure to and spread of COVID-19 to campers and staff within the camp community and camper families.

A Safe and Healthy Camp Begins at Home

Keeping COVID-19 out of camp is primarily affected by what happens at home before arriving at camp. The 14 days prior to arrival at camp is a crucial time for ensuring that COVID-19 stays out of camp and EVERYONE needs to be committed to doing their part. This protects not only the health and safety of campers and staff in the camp community, but also reduces the chance of a camper getting sick and/or testing positive before camp and missing out on their camp experience by not being able to attend.

- Health Form(s) must be submitted online or mailed and received in the camp office at least 14 days before camp. Health Forms will be available by June 1st.
- All registration forms, including permission forms/waivers, and payment in full MUST be completed online or received in the camp office at least 7 days before camp.
- During the 14-day period before camp, ALL campers – and their families/household – MUST practice STRICT face mask wearing, physical distancing, hand washing, and cough/sneeze hygiene etiquette. Large gatherings should be avoided.
- Anyone with a fever (temperature 100.4F or higher), COVID-19 symptoms, or potential exposure to COVID-19 should stay at home and contact the camp office and their doctor before coming to camp.

Entry Requirements and Procedures

ALL campers and staff MUST meet ONE of the following requirements for camp entry and participation:

- **Present proof a full vaccination. Final shot in the vaccination sequence must be completed at least two weeks (14 days) prior to camp to be considered fully vaccinated.**
- Present proof of a negative COVID-19 test (molecular tests, ex. PCR and NAAT, are preferred) within **three days (72 hours)** prior to camp AND camper/staff quarantine and daily symptom screening from the time of testing until arrival at camp using the form provided by camp.
- Camper/staff quarantine (staying at home and restricting their close contacts to only those inside their family/household) AND documented symptom screening for the camper/staff and ALL family/household members using the form provided by camp for **10** days prior to camp.

Arrival time frames and procedures will be communicated with families prior to camp and must be followed. Early or late arrivals will not be accommodated. Parent/Guardians should remain in their vehicle during check-in.

Camper and Staff Screenings

Campers and staff will be screened UPON ARRIVAL and DAILY during their camp program including but not limited to:

- Fever (temperature 100.4F or higher)
- Sore throat
- New cough
- Diarrhea, vomiting, or stomachache
- New onset of severe headache, especially with a fever

Family Groups, Community Cohorts, Face Masks, and Physical Distancing

- All campers and staff will be REQUIRED to wear face masks from arrival until bedtime on the first evening of camp.
- Campers and staff will be organized into “family groups” with designated living areas and “community cohorts” of no more than 25 campers. Starting at bedtime the first evening of camp, campers and staff may chose, but will not be required, to wear a face mask when they are with their family group or community cohort.
- Campers and **unvaccinated** staff will be REQUIRED to wear face masks whenever they are interacting with campers and staff from another family group or community cohort and are not able to maintain at least six feet of physical distancing. This will include all indoor public spaces shared by other campers and staff, medical services or health and safety responses, and indoor and/or outdoor activities, like crafts, nature, Bible study, and the cooperation/challenge course, when led by **unvaccinated** staff members who interact with multiple family groups/community cohorts.
- Strict face mask wearing will be required, and physical distancing will be increased to a minimum of ten feet, for singing, worship times, activities involving increased exhalation, and all-camp gatherings.
- Exceptions to face mask wearing will include swimming (with their community cohort), showering, brushing teeth, eating, and sleeping.
- Camp property access will be limited to essential personnel only. All non-camp personnel must wear a face mask.

Hand Washing, Hygiene, and Cleaning Protocols

- Campers and staff must follow our “wash-in/wash-out” hygiene plan when participating in food preparation, eating meals and snacks, transitioning between activities/locations, and using shared recreation supplies.
- Family groups will be assigned to a bathhouse with their community cohort for getting ready in the morning and getting ready for bed in the evening in order to reduce the number of people in each location, especially during showering, teeth brushing, etc. when masks will be removed.

Assigned bathhouses for these two times may not be the location closest to their living area and campers/staff should pack toiletries accordingly for transporting them around camp. All bathhouses will be open for use by the entire camp community at other times with face masks and physical distancing required.

- Camp staff will implement enhanced cleaning procedures and protocols.
- Age-appropriate signage will be posted to provide health reminders regarding physical distancing, hand hygiene and respiratory etiquette, and reporting symptoms.

Food Service

- Food service will be family group based and include a combination of family-style indoor and outdoor dining, as well as cookouts and packouts.
- All dining locations will be well-ventilated.
- Food distribution plans and clean-up procedures will avoid congregation areas.
- Shared items (such as condiment bottles, serving utensils, pitchers, etc.) will be limited to family groups.

Off-Site Activities and Vehicle Transportation

- Off-site activities will be limited and will access dispersed, low use, uncrowded areas.
- Campers and staff will be REQUIRED to wear face masks and maintain physical distancing if they encounter any non-camp personnel (at trailheads, boat ramps, etc.).
- Transportation will be limited to one family group per vehicle at a time.
- Any drivers from outside of the family group will wear a mask.
- Vehicles will be cleaned and sanitized between uses by different family groups.

Healthcare and Quarantine

- A camper who develops symptoms of COVID-19 during camp hours will be immediately quarantined by the Health Manager and parents will be called for pick-up. The camper must be picked up from camp within 3 hours of notification.
- The camper must then be taken to their primary care physician's office or a local COVID-19 testing site for a COVID-19 test. Those results must be received at camp within 24 hours of the camper leaving camp.
- The family group of a symptomatic camper will be quarantined together at camp until the results of the symptomatic camper's COVID-19 test are returned to camp. Parents of this group will be notified of the possible exposure and quarantine status, and they will be given the choice to keep their camper at camp or arrange for pick-up.
- A quarantining family group will continue with normal camp activities, but they will be totally separated from other groups at camp and their counselors may lead activities usually led by other camp staff persons.

- In the event of a negative test result, the family group will stop quarantining and parents will be notified. In the event of a positive test result, the quarantined campers and staff will be sent home to complete the remainder of quarantine at home per CDC guidelines.
- A camper with symptoms who has a negative COVID-19 test result can only return to camp with the permission of their physician and per camp's infectious disease guidelines.
- In the event of a camper or staff person with a positive COVID-19 test, the camp is unable to release the name of the person affected, but families will be notified if their camper was exposed.

Exit Requirements and Procedures

- WEEK-LONG CAMPS ONLY: All **unvaccinated** campers and summer staff **MUST** participate in a COVID-19 rapid test (at no additional charge) on-site on the final day of camp. Fully vaccinated, year-round staff are exempt from this requirement.
- Departure time frames and procedures will be communicated with families prior to camp and must be followed. Early or late departures will not be accommodated. Parent/Guardians should remain in their vehicle during pick-up.
- The Closing Program will be limited to campers and staff and take place before pick-up. The program will be recorded and a video link will be sent to camper families.
- Families are encouraged to limit family/vacation plans for at least one week following camp.

Communication

- Camp staff will maintain close communication with camper parents/caregivers prior to camp and in the case of exposure or potential exposure to COVID-19.
- Campers, staff, and their families should continue to self-screen for symptoms for 14 days after camp. Any positive test results within 14 days of camp **MUST** be reported immediately to the camp office.